



# **GERIATRIC MEDICINE: FROM EVIDENCE TOWARDS THE IMPLEMENTATION**

**PROGRAM**  
**CaixaForum**  
**BARCELONA**

**12<sup>nd</sup>-14<sup>th</sup> April 2018**

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## PROGRAM

### THURSDAY, 12<sup>th</sup> APRIL

**15:30**            **REGISTRATION**

**16:00 - 16:30**   **OPENING CEREMONY**

**16:30 - 18:00**   **SYMPOSIUM I**

#### **PUBLIC HEALTH AND AGEING: A PARADIGM SHIFT**

**Chair: Cristina Alonso (Washington, USA)**

Public health in an aged world

Fernando Rodriguez Artalejo (Madrid)

Global Strategy and action plan on aging and health: the WHO

Clinical Consortium on Healthy Ageing

Yuka Sumi (Geneva, Switzerland)

Strategy for Health Promotion in the Spanish Health System:

document on the prevention of frailty and falls in the elderly

Elena Andradas (Madrid)

**18:00 - 18:30**   **COFFEE BREAK – POSTER SESSION**

**18:30 - 19:30**    **WORKSHOP 1**  
**HOW TO PRESCRIBE PHYSICAL EXERCISE?**  
**Chair: Álvaro Casas (Pamplona)**  
Mikel Izquierdo (Pamplona)

**18:30 - 19:15**    **EVIDENCES IN GERIATRIC MEDICINE (I)**  
**INMUNIZATIONS: AN UP-DATE**  
**Chair: Gracia Megías (Seville)**  
Influenza vaccination in the elderly: evidences and peculiarities.  
Jesús Castilla (Pamplona)  
Pneumococcal vaccination in the elderly: evidences and peculiarities.  
Ángel Gil de Miguel (Madrid)

*With the collaboration of Pfizer, S.A.*

**19:30 - 20:30**    **SEMEG ASSEMBLY**

## **FRIDAY, 13<sup>th</sup> APRIL**

**08:30 - 09:30**    **BREAKFAST WITH THE EXPERT**  
**GERIATRIC HEALTH SERVICES IN NEXT YEARS: WHERE ARE WE GOING?**  
**Chair: Benito Fontecha (Barcelona)**  
José Augusto García (Barcelona)

**09:30 - 09:45**    **VIDEO SEMEG PRESENTATION**  
Executive Committee

**09:45 - 10:00**    **HONORARY MEMBER AWARD**

**10:00 - 11:00**    **HONORARY MEMBER CONFERENCE**  
**BIOLOGICAL BASIS OF FRAILTY**  
**Chair: Leocadio Rodríguez Mañas (Madrid)**  
Jeremy Walston (Baltimore, Maryland, USA)

**11:00 - 11:30**    **COFFEE BREAK – POSTER SESSION**

**11:30 - 13:00 SYMPOSIUM II  
ASSESSMENT AND INTERVENTIONS FOR FRAILTY**

**Chair: Nicolás Martínez Velilla (Pamplona)**

Screening tools for frailty

Matteo Cesari (Milan, Italy)

Implementation of a programme to address frailty: the ÀgilBcn experience

Marco Inzitari (Barcelona)

Nutrition and frailty

Pedro Abizanda (Albacete)

*Sponsored by Nestlé Health Science*

**13:00 - 15:00 LUNCH – POSTER SESSION**

**15:00 - 15:30 EVIDENCES IN GERIATRIC MEDICINE (II)  
ANTICOAGULATION IN THE ELDERLY: ROL OF THE NEW  
DIRECT ANTICOAGULANTS**

**Chair: Virginia Mazoterias (Ciudad Real)**

Roberto Petidier (Madrid)

**15:00 - 16:00 WORKSHOP 2  
SITUATIONAL DIAGNOSIS AND DECISION MAKING**

**Chair: Benito Fontecha (Barcelona)**

Jordi Amblàs (Barcelona)

**16:00 - 17:00 PLENARY PAPER SESSION**

**Chairs: Ana Vena (Lleida) y Esther Roquer (Reus)**

**17:00 - 17:30 COFFEE BREAK – POSTER SESSION**

**17:30 - 18:00 EVIDENCES IN GERIATRIC MEDICINE (III)  
HEART FAILURE**

**Chair: Virginia Mazoterias (Ciudad Real)**

M<sup>ª</sup> Teresa Vidán (Madrid)

*Sponsored by Novartis Farmacéutica, S.A.*

**17:30 - 18:30 WORKSHOP 3  
APPROPRIATE PRESCRIPTIONS: A BALANCE BETWEEN  
EVIDENCE AND SHARED DECISIONS?**

Anna Renom (Barcelona) y Marta Gutiérrez (Navarra)

**18:00 - 18:45 EVIDENCES IN GERIATRIC MEDICINE (IV)  
ORTOGERIATRICS: REALITIES AND FUTURE IMPROVEMENTS**  
**Chair: Alfonso González (Salamanca)**

Models in acute care for patients admitted for hip fracture: where is the greatest evidence?

Carmen Pablos (Salamanca)

Orto geriatrias beyond the surgery: should be reorganize after FLS?

Francisco Tarazona (Valencia)

***With the collaboration of AMGEN***

**18:45 - 19:30 EVIDENCES IN GERIATRIC MEDICINE (V)  
NUTRITION: DIFFERENT SCENARIOS, DIFFERENT APPROACHES**  
**Chair: Alfonso González (Salamanca)**

Nutrition in dementia: what to do and what do not

Sagrario Manzano (Madrid)

Nutrition in inpatients: are we doing it well?

Federico Cuesta (Madrid)

**18:45 - 19:30 WORKSHOP 4  
TELEGERIATRICS: THOUGHTS BASED ON A CONSOLIDATED  
EUROPEAN EXPERIENCE**

**Chairs: Francesc Riba (Barcelona) / Óscar Macho (Barcelona)**

Francesc Mateu (Barcelona)

**SATURDAY, 14th APRIL**

**08:30 - 09:30 SYMPOSIUM III: COGNITIVE IMPAIRMENT  
DEMENTIA AND BEHAVIOURAL DISORDERS**  
**Chair: Pedro Gil (Madrid)**

Physiopathological basis of behavioural disorders: biomarkers and their implications for clinical trials

Ariadna Besga (Vitoria)

Pharmacological and non-pharmacological treatment: where is the evidence?

María E. Soto (Toulouse, France)

**09:30 - 10:30 SYMPOSIUM IV: DELIRIUM  
DELIRIUM: HOW TO IMPLEMENT THE EVIDENCE?**  
**Chair: Marco Inzitari (Barcelona)**

Detection strategies

Neus Gual (Barcelona)

Care interventions

Alessandro Morandi (Cremona, Italy)

**10:30 - 11:00 COFFEE BREAK – POSTER SESSION**

**11:00 - 12:15 CONTROVERSY  
FRAILTY STRATEGIES AROUND THE WORLD. DIFFERENT  
PERSPECTIVES OF A WORLDWIDE SYNDROME**

**Chair: Álvaro Casas (Pamplona)**

EE.UU: Jeremy Walston (Baltimore, USA)

South América: Cristina Alonso (Washington, USA)

Europe: Leocadio Rodríguez Mañas (Madrid)

**Sponsored by GARN-IAGG**

**12:15 - 13:45 CLOSING SYMPOSIUM  
COMPREHENSIVE GERIATRIC ASSESSMENT (CGA): FROM  
EVIDENCES TO IMPLEMENTATION**

**Chair: Miquel À. Mas (Barcelona)**

CGA in Acute Geriatric Units

Jesús M<sup>a</sup> López Arrieta (Madrid)

CGA in the future hospital

Graham Ellis (Scotland, United Kingdom)

The role of CGA in the community

Sebastià Santaeugènia (Barcelona)

**13:45 - 14:00 CLOSING**

SEMMEG